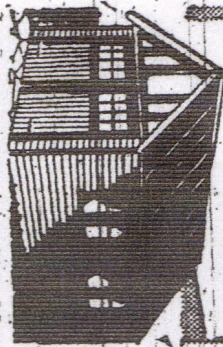


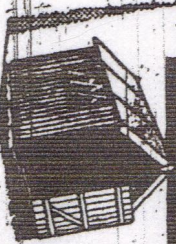
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it's 50 different!

I WAS AN ALCOHOLIC

—then I found a

new way of life

MAX I through the medium of your paper try to throw some light on the subject of alcoholism? Contrary to many beliefs, alcoholism is not a sin, but a sickness, a dread disease—a lethal disease. Contained alcoholism often results in madness or an early death. I want to make one point quite clear, however, that a heavy drinker is not necessarily an alcoholic. A heavy drinker can often stay sober for several days at a time, but once he has crossed the border line between heavy social drinking and compulsory drinking, he becomes an alcoholic.

Very little has been done in this country to help the alcoholic until recent years, although for many years in America it has been treated as an important national problem and the alcoholic can get immediate help in any town or city.

The most successful method of treating alcoholism is through the medium of Alcoholics Anonymous, which is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is an honest desire to stop drinking. A.A. has no dues or fees. It is not allied with any sect, denomination, politics, organization or institution; it does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety. A.A. is not a religious institution; neither is it a temperance society. If a person can drink socially and con-

trol his drinking, good luck to him. Unfortunately, we alcoholics cannot control our drinking and our only hope is to stop it completely.

This is easier than one would imagine, and does not require a great amount of will-power. I have been sober now for 18 months and I was surprised to find how easy it was, as I had been a very heavy drinker for many years. My health is much improved and my home life is happier than it had been for a very long time.

I am grateful to A.A. for my new lease of life, and to show my gratitude I would like to devote my spare time to helping other alcoholics.

I am not alone in my desire to help others. There are 250,000 of us all of the same mind, ready to work voluntarily, and we all pay our own expenses.

There is a group in Derby, ready and willing to help. For obvious reasons many of us wish to remain anonymous. We don't care who or what you are, and we don't

READERS' VIEWS

want to know, so we only use our Christian names or initials.

If you have a drinking problem and would like help please write to me, "Bill," in the first instance, c/o the Editor, "Derby Evening Telegraph," Northlife House, Derby. I will then write to you and send you some of our literature; but neither I nor any other member will call on you unless you ask us to do so, and then we shall be very pleased to visit you.

If this letter should interest any doctor, clergyman, or welfare officer who may know an alcoholic requiring help, I shall be glad to explain our methods in greater detail.

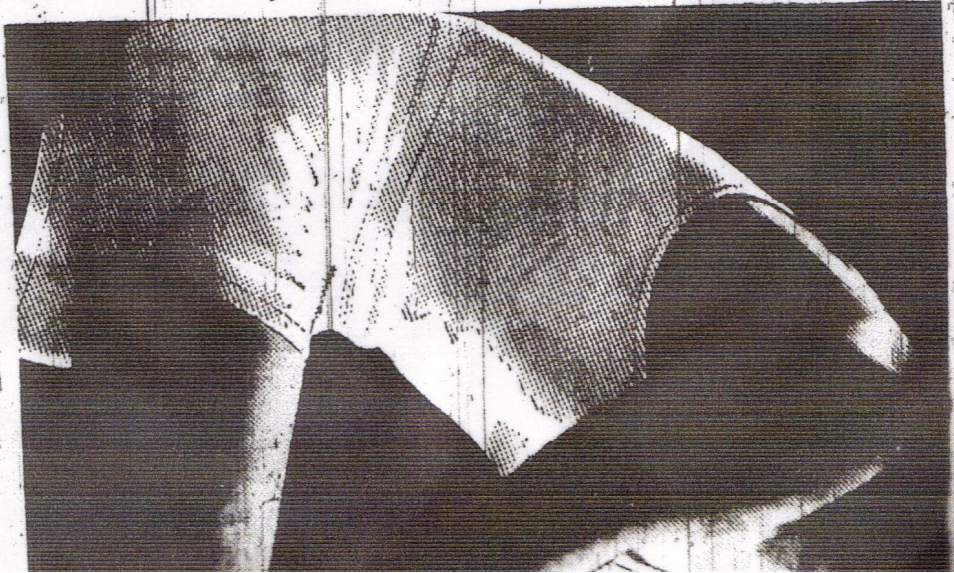
That A.A. really works is proved by the fact that 75 per cent. of our members become sober and stay sober. BILL.

See also Diary in Page 3.

Is Mothers' Day a racket?

SEVERAL times in recent years I have read or heard Hower growers or sellers protest that there is no "racket" in the increase of flowers and that the price of flowers is due to the fact that the Arctic weather has ruined scores of acres of blooming, with the consequence

Do not understand the position about flowers for Mothering Sunday. Bulbs are purchased from Holland and are grown and forced specially for this occasion. The bulbs used are always of the better quality and grow specially to meet this demand. It should also be realised that practically everyone is purchasing flowers this particular weekend which makes the demand very heavy, and most of the sellers have to purchase their



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Jockey Shorts	10/3	13/-
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Vests (closed front half sleeve)	12/6	15/3
Prints (one)	9/11	11/3
Trunks (cutton front)		

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